

Let's get to

THE

Encouraging people aged 60 or over to complete and return their bowel cancer screening kits

BOTTOM

of
things

Course Outline

The good news: The test is simple to do and the results come back quickly

The great news: Caught early, 90% of bowel cancer is treatable

Dates, times and duration

This is a 2 hour course. Please contact Bright Ideas for information about dates, times and availability. (See overleaf for contact details.)

Learning outcomes

By the end of the session, participants will be able to:

- state the purpose of the national bowel cancer screening programme (BCSP)
- describe how the BCSP has been rolled out in Nottingham
- identify what might prevent or motivate individuals to return their kits
- evaluate ideas for increasing the uptake of the BCSP in Nottingham
- explain how to complete a bowel cancer screening kit and give suggestions for collecting samples
- discuss reservations about completing the kit and the advantages of returning completed kits

Learning methods

This session will be informative, fun and highly participatory and include learning methods such as:

- Small and whole group discussions
- Quiz/game
- Question/answer
- Fact finding exercises

The good news: by attending this session you will be able to provide accurate information and network and meet with other people who work with older people in Nottingham

The great news: by attending this session, you could make a real difference to someone's life



Course Outline continued

Encouraging people aged 60 or over to complete and return their bowel cancer screening kits

This session will include:

- Information about the screening programme, why it is needed, when it started, the roll out, the screening process, etc.
- Target groups for the screening programme and how others can get a screening kit
- What we know about the take up of the screening programme in Nottingham
- Benefits of screening programmes
- Barriers to individuals completing and returning kits
- What motivates to individuals and return their kits
- How to do the kit and what happens with it once it has been completed
- How the results are communicated and what happens next
- Ideas about what we can do to increase the take up of the screening programme with the local people we work with

Who are the sessions are for?

These sessions are for anyone who works with people aged 60 or over who live in Nottingham. This might be in a paid or unpaid capacity. No previous knowledge is required.

Who is delivering the sessions?

These sessions will be delivered by NHS Nottingham City and Nottingham University Hospitals NHS Trust.

Booking Information

Bright Ideas is taking bookings for this NHS led session. Please contact us for a booking form if you have not already had one. Alternatively you can complete bookings over the phone.

To request a form:

info@brightideasnottingham.co.uk
Telephone: 0115 837 9474
www.brightideasnottingham.co.uk
(and go to *Let's Get to the Bottom of Things*)

Telephone bookings:

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