

Encouraging people aged 60 or over to complete and return their bowel cancer screening kits

Let's get to

THE

A FREE 2 hour practical and informative workshop for people who work with people who are aged 60 and over

BOTTOM

of things



NHS Nottingham City
Nottingham University Hospitals NHS Trust

on
and

30 November 2010, 10am - 12noon
The Muslim Community Organisation, Sneinton

20 December 2010, 1pm-3pm
The ICCA Ltd, Hucknall Road

Benefits

- By attending this session you will be able to provide accurate information about bowel cancer, bowel cancer screening and how to complete screening kits.
- You will also have the opportunity to network and meet with other people who work with older people in Nottingham.
- 90% of bowel cancer is treatable so by attending this workshop you could make a huge difference to someone's life!

Who is delivering the sessions?

These sessions will be delivered by NHS Nottingham City and Nottingham University Hospitals NHS Trust.

More information

Please contact Bright Ideas Nottingham for a course outline and further information.

Light refreshments will be provided, and volunteers' travel expenses will be reimbursed on the day.

We welcome
volunteers and
paid workers



Booking Form

BOTTOM

of
things



Bright Ideas is taking bookings for this NHS led session. Please complete and return this booking form. Alternatively you can complete bookings over the phone.

Name

Organisation/group

Address

Telephone

Email

I would like to attend the Let's Get to the Bottom of Things Workshop on

30 November 2010, 10am - 12noon

20 December 2010, 1pm - 3pm

If you have a group of 8 or more people who wish to attend a session, we can organise a session just for you. Please contact Audrian or Shazia to arrange this.

To request more forms:

info@brightideasnottingham.co.uk

Telephone: 0115 837 9474

www.brightideasnottingham.co.uk

(and go to Let's Get to the Bottom of Things)

Telephone bookings:

07875 743194 (Audrian)

07971 404313 (Shazia)

Bright Ideas Nottingham,

Units 5 and 6, John Folman Business Centre,

31 Hungerhill Road, St Ann's,

Nottingham, NG3 4NB



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Nottingham University Hospitals NHS Trust