

**27th August 2010**

Dear Champion of Change

## **CHAMPIONS OF CHANGE LAUNCH**

We will soon be sending you a personal invite to attend the Champions of Change launch at the Council House in Nottingham on Thursday 30th September. We are really looking forward to seeing you all there. On the day there will be an opportunity to meet the Champions of Change project workers, the representatives from the Mental Health Joint Commissioning Group and talk to other Champions. We will present information on what we have found out so far about mental health services in Nottingham and then finding out ideas on the best ways we can get future feedback on mental health services from you and from the wider community and what action we should be taking to do this.

Have a think about the following which we will be discussing on the day:

What works for you? How do you like to give feedback? If we ask you to tell us about your experiences how much time do you need to reflect on this?

More information will be sent with your invitation. We really hope that you can attend this event. If you prefer, you can bring a friend or a carer with you. Registration will start at 10:30am with the event beginning at 11am and finishing (following lunch) about 2pm.

## **Joint Commissioning Group Meetings – Update**

As most of you are aware, once every two months 3-4 Network Champions attend the NHS Mental Health Joint Commissioning Group to represent the collective voice of the network. The next meeting scheduled for the 2nd of September 2010 has been rescheduled for Wednesday 22nd September 2010.

Very soon- at the launch event- we would like to explore your ideas on how the Champions who attend the JCG Meetings feedback relative information to the network and how they in turn feedback the collective views and opinions of the network.

In the coming newsletters we will be letting champions know when these meetings are due to take place and providing feedback. Feedback will also be provided, for those who wish to partake, in a group setting during one of the informal Champion's Chat Room sessions.

Watch this space or for more information or contact Lisa or Simon, the support Champions.

## **CHAMPIONS' CHATROOM**

From September we will be holding an open session every two weeks called Champions' Chatroom. The first session is Wednesday September 15th 12:00-15:00 in the Champions' office. You can stay for as long as you want – whether that is half an hour or for the full session. You are welcome to bring your own food. Tea and coffee will be provided.

At this first session we will be catching up on the progress with Champions of Change so far and finding

out if anyone is available to help out at the Champions Launch. We will also be looking at the forthcoming document from NHS Nottingham City which reflects the review of mental health services which has been undertaken over the last few months. We would appreciate your feedback on this.

If you need further information on Champions' Chatroom please ring the office on 0115 8379474.

**Finally, and to reiterate, we are so excited and really looking forward to seeing you all at the forthcoming Champions launch.**

Best wishes

Helen  
Champions of Change Network Co-ordinator

Tel: 01158379474

Mobile: 0785 4466183

[helen@brightideasnottingham.co.uk](mailto:helen@brightideasnottingham.co.uk)